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MANLY RO	OBERT W											
Form 4												
June 19, 201	12											
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION										OMB APPROVAL		
	CIVILD	STATES			AND EX(, D.C. 20		NGE C	OMMISSION	OMB Number:	3235-0287		
Check th if no lon	der.					Expires:	January 31,					
subject t Section	6. SIAIE N	MENT OF	CHAN	NERSHIP OF	Estimated a burden hour	rs per						
Form 4 o Form 5		mount to C	action 1	$6(a) \circ f t$	a Caarrin	ion F	vohono	A of 1024	response	0.5		
obligatio							•	e Act of 1934, 1935 or Section	n			
may con	unue.			•	t Compan	· ·			1			
See Instr 1(b).	ruction	50(11)		rvestmen	t Compun	iy 110		0				
(Print or Type	Responses)											
1 1 1		D *						5 1 1 1 1				
MANLY R	Address of Reporting	Person _		er Name and Ticker or Trading				5. Relationship of Reporting Person(s) to Issuer				
	ODLICI W		Symbol SMITH	IEIEI D E	FOODS II		SEDI					
		N.C. 1.11					ן מינ	(Check	k all applicable)		
(Last)	(First) (Middle)	3. Date o (Month/I	of Earliest Transaction				Director	10%	Owner		
200 COMMERCE STREET 06/15/2			•				Officer (give					
(Street) 4. If Ame							below) Executive V					
				endment, Date Original onth/Day/Year)				6. Individual or Joint/Group Filing(Check				
								Applicable Line)				
)			_X_ Form filed by C				
SMITHFIE	LD, VA 23430							Form filed by M Person	Iore than One Re	porting		
(City)	(State)	(Zip)	Tab	le I - Non-I	Derivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned		
1.Title of	2. Transaction Date	2A. Deemo	ed	3. 4. Securities Acquired				5. Amount of	6.	7. Nature of		
Security	(Month/Day/Year)				on(A) or Dis	sposed	of (D)	Securities	Ownership	Indirect		
(Instr. 3)		any (Month/Da	w/Vear)	Code (Instr. 3, 4 and 5) (Instr. 8)				Beneficially Owned	Form: Direct (D) or	Beneficial Ownership		
			ty/ I cal)	(111501.0)				Following	Indirect (I)	(Instr. 4)		
						(A)		Reported	(Instr. 4)			
						or		Transaction(s) (Instr. 3 and 4)				
				Code V	Amount	(D)	Price	(
common stock, par	06/15/2012			F	26,375	D	\$	400,182	D			
value \$.50	00/13/2012			1	(1)	D	19.22	+00,102	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

D S	. Title of Derivative Security Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (Instr. 8	 5. 5. ctionNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 	Expiration D (Month/Day, e	6. Date Exercisable and Expiration Date (Month/Day/Year)		le and unt of rlying ities . 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
					Code	4, and 5) V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Address	Relationships							
I B	Director	10% Owner	Officer	Other				
MANLY ROBERT W 200 COMMERCE STREET SMITHFIELD, VA 23430			Executive Vice President & CFO					
Signatures								
/s/ Michael H. Cole, as attorney-in-fact								
**Signature of Reporting Person		Date						

Explanation of Responses:

If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

On June 15, 2010, the reporting person was granted 125,000 performance share units (PSUs) under the Company's 2008 Incentive Compensation Plan. Each PSU represented a contingent right to receive one share of common stock. As previously reported, on June 16,

(1) 2011, the pre-established performance goal for this award was met and 50% of the PSU's vested immediately and were converted into common stock. The remainder vested on June 15, 2012. This filing is being made to report the shares of common stock surrendered back to the Company to satisfy tax withholding obligations related to the shares that vested on June 15, 2012.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.