

Congdon Helen S  
Form 3  
September 09, 2010

**FORM 3 UNITED STATES SECURITIES AND EXCHANGE COMMISSION**  
**Washington, D.C. 20549**

OMB APPROVAL

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**INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,  
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section  
30(h) of the Investment Company Act of 1940

(Print or Type Responses)

<p>1. Name and Address of Reporting Person *</p> <p>Â Congdon Helen S</p> <p>(Last) (First) (Middle)</p> <p>C/O OLD DOMINION FREIGHT LINE, INC., Â 500 OLD DOMINION WAY</p> <p>(Street)</p> <p>THOMASVILLE, Â NC Â 27360</p> <p>(City) (State) (Zip)</p>	<p>2. Date of Event Requiring Statement</p> <p>(Month/Day/Year)</p> <p>08/30/2010</p>	<p>3. Issuer Name and Ticker or Trading Symbol</p> <p>OLD DOMINION FREIGHT LINE INC/VA [ODFL]</p>	<p>4. Relationship of Reporting Person(s) to Issuer</p> <p>(Check all applicable)</p> <p><input type="checkbox"/> Director <input checked="" type="checkbox"/> 10% Owner <input type="checkbox"/> Officer <input checked="" type="checkbox"/> Other (give title below) (specify below) Member of Section 13(d) group</p>	<p>5. If Amendment, Date Original Filed(Month/Day/Year)</p>	<p>6. Individual or Joint/Group Filing(Check Applicable Line)</p> <p><input type="checkbox"/> Form filed by One Reporting Person <input checked="" type="checkbox"/> Form filed by More than One Reporting Person</p>
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**Table I - Non-Derivative Securities Beneficially Owned**

1. Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)
Common Stock	63,750 <sup>(1)</sup>	D	Â
Common Stock	32,571 <sup>(1)</sup>	I	By husband
Common Stock	44,367 <sup>(1)</sup>	I	By husband's 401(k) plan
Common Stock	418,551 <sup>(1)</sup>	I	As trustee of David S. Congdon Irrevocable Trust #1 dated 12/1/92
Common Stock	37,050 <sup>(1)</sup>	I	As trustee of David S. Congdon Irrevocable Trust #2 dated 11/18/99
Common Stock	726,742 <sup>(1)</sup>	I	By husband as trustee of David S. Congdon Revocable Trust dated 12/3/91

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Common Stock	150,000 <sup>(1)</sup>	I	By husband as trustee of David S. Congdon February 2010 Grantor Retained Annuity Trust
Common Stock	58,198 <sup>(1)</sup>	I	By husband as trustee of an Irrevocable Trust Agreement dated 12/18/98 fbo Marilyn Congdon
Common Stock	58,198 <sup>(1)</sup>	I	By husband as trustee of an Irrevocable Trust Agreement dated 12/18/98 fbo Kathryn Congdon
Common Stock	58,198 <sup>(1)</sup>	I	By husband as trustee of an Irrevocable Trust Agreement dated 12/18/98 fbo Ashlyn Congdon
Common Stock	154,602 <sup>(1)</sup>	I	By husband as custodian for minor child
Common Stock	430,651 <sup>(1)</sup>	I	By husband as co-trustee of the Earl E. Congdon GRAT Remainder Trust
Common Stock	154,602 <sup>(2)</sup>	I	As trustee of Marilyn Marie Congdon Revocable Declaration of Trust
Common Stock	154,602 <sup>(3)</sup>	I	As trustee of Kathryn Leigh Congdon Revocable Declaration of Trust
Common Stock	8,767 <sup>(4)</sup>	D	Â

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1473 (7-02)

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.**

**Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date <small>(Month/Day/Year)</small>		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Conversion or Exercise Price of Derivative Security	5. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 5)	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares			

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Congdon Helen S C/O OLD DOMINION FREIGHT LINE, INC. 500 OLD DOMINION WAY THOMASVILLE, NC 27360	Â	Â X	Â	Member of Section 13(d) group
Congdon Marilyn M C/O OLD DOMINION FREIGHT LINE, INC. 500 OLD DOMINION WAY THOMASVILLE, NC 27360	Â	Â X	Â	Member of Section 13(d) group
Congdon Kathryn L. C/O OLD DOMINION FREIGHT LINE, INC. 500 OLD DOMINION WAY THOMASVILLE, NC 27360	Â	Â X	Â	Member of Section 13(d) group
Natalie N Congdon Revocable Trust 7511 WHITEPINE ROAD RICHMOND, VA 23237	Â	Â X	Â	Member of Section 13(d) group

## Signatures

/s/ Joel B. McCarty, Jr., by Power of Attorney	09/09/2010
__Signature of Reporting Person	Date
/s/ Joel B. McCarty, Jr., by Power of Attorney	09/09/2010
__Signature of Reporting Person	Date
/s/ Joel B. McCarty, Jr., by Power of Attorney	09/09/2010
__Signature of Reporting Person	Date
/s/ Joel B. McCarty, Jr., by Power of Attorney	09/09/2010
__Signature of Reporting Person	Date

## Explanation of Responses:

\* If the form is filed by more than one reporting person, see Instruction 5(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) These securities are beneficially owned by Helen S. Congdon, who may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are identified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.

(2) These securities are beneficially owned by Marilyn M. Congdon, who may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are identified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.

(3) These securities are beneficially owned by Kathryn L. Congdon, who may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are identified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.

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- (4) These securities are beneficially owned by the Natalie N. Congdon Revocable Trust, which may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are identified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.