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TRUSTCO BANK CORP N Y
Form 13F-HR
January 13, 2011

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

Form 13F
Form 13F COVER PAGE

Report for the Calendar Year or Quarter Ended: 12/31/2010
Check here if Amendment ; Amendment Number:

This Amendment (Check only one.): is a restatement.
 adds new holdings entries.

Institutional Investment Manager Filing this Report:

Name: TRUSTCO BANK CORP NY
Address: 5 SARNOWSKI DRIVE
GLENVILLE, NY 12302

Form 13F File Number: 028-06657

The institutional investment manager filing this report and the person by whom it is signed hereby represent that the person signing the report is authorized to submit it, that all information contained herein is true, correct and complete, and that it is understood that all required items, statements, schedules, lists, and tables, are considered integral parts of this form.

Persons Signing this Report on Behalf of Reporting Manager:

Name: RICHARD W PROVOST
Title: SENIOR TRUST OFFICER
Phone: 518-381-3643

Signature, Place, and Date of Signing:

/s/ RICHARD W PROVOST GLENVILLE, NY 1/10/2011

[Signature] [City, State] [Date]

Report Type (Check only one):

- 13F HOLDINGS REPORT. (Check here if all holdings of this reporting manager are reported in this report.)
- 13F NOTICE. (Check here if no holdings reported are in this report, and all holdings are reported by other reporting manager(s).)
- 13F COMBINATION REPORT. (Check here if a portion of the holdings for this reporting manager are reported in this report and a portion are reported by other reporting manager(s).)

List of Other Managers Reporting for this Manager:

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Form 13F SUMMARY PAGE

Report Summary:

Number of Other Included Managers: 1
 Form 13F Information Table Entry Total: 223
 Form 13F Information Table Value Total: \$ 104,697

 (In Thousands)

List of Other Included Managers:

Provide a numbered list of the name(s) and 13F file number(s) of all institutional investment managers with respect to which this report is filed, other than the manager filing this report.

No.	Form 13F File Number	Name
7000	028-10307	TRUSTCO BANK

FORM 13F INFORMATION TABLE

COLUMN 1	COLUMN 2	COLUMN 3	COLUMN 4	COLUMN 5	COLUMN 6	COLUMN 7
NAME OF ISSUER	TITLE OF CLASS	CUSIP	VALUE (x\$1000)	SHRS OR PRN AMT	SH/ PUT/ PRN CALL	INVESTMENT DISCRETION
AT&T INC	COM	00206R102	1421	48360	SH	DEFINED
AT&T INC	COM	00206R102	544	18504	SH	OTHER
			0	0		OTHER
			0	0		OTHER
ABBOTT LABORATORIES	COM	2824100	2464	51434	SH	DEFINED
			0	0		DEFINED
ABBOTT LABORATORIES	COM	2824100	333	6945	SH	OTHER
			0	0		OTHER
AIR PRODUCTS & CHEMICALS INC	COM	9158106	455	5000	SH	DEFINED
ALLSTATE CORP	COM	20002101	196	6150	SH	DEFINED
ALLSTATE CORP	COM	20002101	38	1200	SH	OTHER
			0	0		OTHER
AMERICAN EXPRESS CO	COM	25816109	350	8150	SH	DEFINED
AMERICAN EXPRESS CO	COM	25816109	64	1500	SH	OTHER
APPLIED MATERIALS INC	COM	38222105	1030	73300	SH	DEFINED
			0	0		DEFINED
APPLIED MATERIALS INC	COM	38222105	39	2800	SH	OTHER
AUTOMATIC DATA PROCESSING INC	COM	53015103	462	9973	SH	DEFINED
			0	0		DEFINED
AUTOMATIC DATA PROCESSING INC	COM	53015103	14	300	SH	OTHER
BANK OF AMERICA CORP	COM	60505104	580	43466	SH	DEFINED
BANK OF AMERICA CORP	COM	60505104	67	5028	SH	OTHER
			0	0		OTHER

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			0	0		OTHER	70
BHP BILLITON LTD	FOR	88606108	611	6575 SH		DEFINED	70
BHP BILLITON LTD	FOR	88606108	19	200 SH		OTHER	70
BRISTOL-MYERS SQUIBB CO	COM	110122108	172	6500 SH		DEFINED	70
BRISTOL-MYERS SQUIBB CO	COM	110122108	407	15386 SH		OTHER	70
			0	0		OTHER	70
CATERPILLAR INC	COM	149123101	244	2600 SH		DEFINED	70
CATERPILLAR INC	COM	149123101	78	830 SH		OTHER	70
CHEVRON CORP NEW	COM	166764100	2570	28163 SH		DEFINED	70
			0	0		DEFINED	70
CHEVRON CORP NEW	COM	166764100	459	5026 SH		OTHER	70
			0	0		OTHER	70
CISCO SYSTEMS INC	COM	17275R102	949	46909 SH		DEFINED	70
			0	0		DEFINED	70
CISCO SYSTEMS INC	COM	17275R102	52	2550 SH		OTHER	70
			0	0		OTHER	70
CITIGROUP INC	COM	172967101	225	47600 SH		DEFINED	70
CITIGROUP INC	COM	172967101	27	5639 SH		OTHER	70
			0	0		OTHER	70
COCA COLA CO	COM	191216100	3209	48792 SH		DEFINED	70
			0	0		DEFINED	70
COCA COLA CO	COM	191216100	770	11700 SH		OTHER	70
			0	0		OTHER	70
COLGATE PALMOLIVE CO	COM	194162103	1362	16944 SH		DEFINED	70
COLGATE PALMOLIVE CO	COM	194162103	386	4800 SH		OTHER	70
			0	0		OTHER	70
DISNEY WALT CO	COM	254687106	1765	47046 SH		DEFINED	70
			0	0		DEFINED	70
DISNEY WALT CO	COM	254687106	319	8500 SH		OTHER	70
			0	0		OTHER	70
DOW CHEMICAL CO	COM	260543103	470	13774 SH		DEFINED	70
DOW CHEMICAL CO	COM	260543103	119	3471 SH		OTHER	70
			0	0		OTHER	70
DU PONT E I DE NEMOURS & CO	COM	263534109	339	6800 SH		DEFINED	70
			0	0		DEFINED	70
DU PONT E I DE NEMOURS & CO	COM	263534109	79	1586 SH		OTHER	70
			0	0		OTHER	70

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ECOLAB INC	COM	278865100	864	17141 SH		DEFINED	70
			0	0		DEFINED	70
ECOLAB INC	COM	278865100	25	500 SH		OTHER	70
EMERSON ELECTRIC CO	COM	291011104	320	5600 SH		DEFINED	70
			0	0		DEFINED	70
EMERSON ELECTRIC CO	COM	291011104	86	1513 SH		OTHER	70
			0	0		OTHER	70
EXELON CORP	COM	30161N101	717	17224 SH		DEFINED	70
EXELON CORP	COM	30161N101	131	3150 SH		OTHER	70
			0	0		OTHER	70
EXXON MOBIL CORP	COM	30231G102	5195	71048 SH		DEFINED	70

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EXXON MOBIL CORP	COM	30231G102	2265	30972	SH	OTHER	70
			0	0		OTHER	70
			0	0		OTHER	70
GENERAL ELECTRIC CO	COM	369604103	8522	465912	SH	DEFINED	70
			0	0		DEFINED	70
			0	0		DEFINED	70
GENERAL ELECTRIC CO	COM	369604103	4444	242955	SH	OTHER	70
			0	0		OTHER	70
			0	0		OTHER	70
GENERAL MILLS INC	COM	370334104	998	28048	SH	DEFINED	70
			0	0		DEFINED	70
GENERAL MILLS INC	COM	370334104	370	10400	SH	OTHER	70
			0	0		OTHER	70
GLAXOSMITHKLINE PLC	FOR	37733W105	318	8116	SH	DEFINED	70
GLAXOSMITHKLINE PLC	FOR	37733W105	196	5006	SH	OTHER	70
			0	0		OTHER	70
HEWLETT PACKARD CO	COM	428236103	587	13950	SH	DEFINED	70
HEWLETT PACKARD CO	COM	428236103	160	3800	SH	OTHER	70
			0	0		OTHER	70
HOME DEPOT INC	COM	437076102	431	12305	SH	DEFINED	70
			0	0		DEFINED	70
HOME DEPOT INC	COM	437076102	72	2064	SH	OTHER	70
			0	0		OTHER	70
ITT CORP	COM	450911102	201	3849	SH	DEFINED	70
ITT CORP	COM	450911102	36	700	SH	OTHER	70
			0	0		OTHER	70
INTEL CORP	COM	458140100	1860	88439	SH	DEFINED	70
			0	0		DEFINED	70
INTEL CORP	COM	458140100	224	10668	SH	OTHER	70
			0	0		OTHER	70
IBM CORP	COM	459200101	1644	11203	SH	DEFINED	70
IBM CORP	COM	459200101	785	5350	SH	OTHER	70
			0	0		OTHER	70
ISHARES	MUT	464287465	359	6166	SH	DEFINED	70
JPMORGAN CHASE & CO	COM	46625H100	1756	41392	SH	DEFINED	70
			0	0		DEFINED	70
JPMORGAN CHASE & CO	COM	46625H100	349	8231	SH	OTHER	70
			0	0		OTHER	70
JACOBS ENGINEERING GROUP INC	COM	469814107	386	8424	SH	DEFINED	70
JACOBS ENGINEERING GROUP INC	COM	469814107	21	450	SH	OTHER	70
			0	0		OTHER	70
JOHNSON & JOHNSON	COM	478160104	4468	72240	SH	DEFINED	70
			0	0		DEFINED	70
JOHNSON & JOHNSON	COM	478160104	823	13311	SH	OTHER	70
			0	0		OTHER	70
JOHNSON CONTROLS INC	COM	478366107	627	16425	SH	DEFINED	70
JOHNSON CONTROLS INC	COM	478366107	84	2200	SH	OTHER	70
			0	0		OTHER	70

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KRAFT FOODS INC	COM	50075N104	99	3152 SH	DEFINED	70
KRAFT FOODS INC	COM	50075N104	133	4212 SH	OTHER	70
			0	0	OTHER	70
ELI LILLY & CO	COM	532457108	163	4649 SH	DEFINED	70
ELI LILLY & CO	COM	532457108	55	1556 SH	OTHER	70
			0	0	OTHER	70
LOWES COMPANIES INC	COM	548661107	526	20967 SH	DEFINED	70
LOWES COMPANIES INC	COM	548661107	14	550 SH	OTHER	70
			0	0	OTHER	70
MASCO CORP	COM	574599106	192	15200 SH	DEFINED	70
MASCO CORP	COM	574599106	27	2100 SH	OTHER	70
MCDONALDS CORP	COM	580135101	210	2735 SH	OTHER	70
MCGRAW HILL COS INC	COM	580645109	601	16509 SH	DEFINED	70
MCGRAW HILL COS INC	COM	580645109	25	700 SH	OTHER	70
			0	0	OTHER	70
MEDTRONIC INC	COM	585055106	1922	51809 SH	DEFINED	70
			0	0	DEFINED	70
			0	0	DEFINED	70
MEDTRONIC INC	COM	585055106	71	1904 SH	OTHER	70
			0	0	OTHER	70
MERCK & CO INC	COM	58933Y105	109	3020 SH	DEFINED	70
MERCK & CO INC	COM	58933Y105	150	4165 SH	OTHER	70
			0	0	OTHER	70
MICROSOFT CORP	COM	594918104	3237	115993 SH	DEFINED	70
			0	0	DEFINED	70
			0	0	DEFINED	70
MICROSOFT CORP	COM	594918104	222	7963 SH	OTHER	70
			0	0	OTHER	70
NBT BANCORP INC	COM	628778102	567	23486 SH	OTHER	70
NIKE INC	COM	654106103	1033	12099 SH	DEFINED	70
NIKE INC	COM	654106103	85	1000 SH	OTHER	70
			0	0	OTHER	70
NOKIA CORP	FOR	654902204	211	20475 SH	DEFINED	70
NORFOLK SOUTHERN CORP	COM	655844108	88	1400 SH	DEFINED	70
NORFOLK SOUTHERN CORP	COM	655844108	113	1800 SH	OTHER	70
ORACLE CORP	COM	68389X105	663	21175 SH	DEFINED	70
ORACLE CORP	COM	68389X105	14	452 SH	OTHER	70
PEPSICO INC	COM	713448108	2725	41711 SH	DEFINED	70
			0	0	DEFINED	70
PEPSICO INC	COM	713448108	428	6550 SH	OTHER	70
			0	0	OTHER	70
PFIZER INC	COM	717081103	525	30007 SH	DEFINED	70
			0	0	DEFINED	70
PFIZER INC	COM	717081103	206	11767 SH	OTHER	70
			0	0	OTHER	70
PHILIP MORRIS INTERNATIONAL INC	COM	718172109	51	870 SH	DEFINED	70
PHILIP MORRIS INTERNATIONAL INC	COM	718172109	314	5369 SH	OTHER	70
			0	0	OTHER	70
PROCTER & GAMBLE CO	COM	742718109	3706	57613 SH	DEFINED	70
			0	0	DEFINED	70
PROCTER & GAMBLE CO	COM	742718109	749	11637 SH	OTHER	70
			0	0	OTHER	70
SCHLUMBERGER LTD	COM	806857108	576	6899 SH	DEFINED	70
			0	0	DEFINED	70
SCHLUMBERGER LTD	COM	806857108	25	300 SH	OTHER	70
			0	0	OTHER	70
SOUTHERN CO	COM	842587107	1459	38158 SH	DEFINED	70
			0	0	DEFINED	70
SOUTHERN CO	COM	842587107	237	6208 SH	OTHER	70
			0	0	OTHER	70

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STATE STREET CORP	COM	857477103	768	16575	SH	DEFINED
STATE STREET CORP	COM	857477103	42	900	SH	OTHER
			0	0		OTHER
TARGET CORP	COM	8.76E+110	906	15067	SH	DEFINED
			0	0		DEFINED
TARGET CORP	COM	8.76E+110	117	1950	SH	OTHER
			0	0		OTHER
TEXAS INSTRUMENTS INC	COM	882508104	488	15025	SH	DEFINED
TEXAS INSTRUMENTS INC	COM	882508104	16	500	SH	OTHER
3M CO	COM	88579Y101	1528	17700	SH	DEFINED
3M CO	COM	88579Y101	423	4900	SH	OTHER
			0	0		OTHER
TRUSTCO BANK CORP NY	COM	898349105	2524	398055	SH	DEFINED
			0	0		DEFINED
			0	0		DEFINED
TRUSTCO BANK CORP NY	COM	898349105	1639	258487	SH	OTHER
UNITED PARCEL SERVICE	COM	911312106	617	8507	SH	DEFINED
			0	0		DEFINED
UNITED PARCEL SERVICE	COM	911312106	65	900	SH	OTHER
			0	0		OTHER
UNITED TECHNOLOGIES CORP	COM	913017109	3086	39197	SH	DEFINED
			0	0		DEFINED
			0	0		DEFINED
UNITED TECHNOLOGIES CORP	COM	913017109	224	2850	SH	OTHER
			0	0		OTHER
VANGUARD	MUT	922042858	2297	47710	SH	DEFINED
			0	0		DEFINED
VANGUARD	MUT	922042858	88	1820	SH	OTHER
			0	0		OTHER
			0	0		OTHER
VERIZON COMMUNICATIONS INC	COM	92343V104	1263	35310	SH	DEFINED
VERIZON COMMUNICATIONS INC	COM	92343V104	327	9146	SH	OTHER
			0	0		OTHER
WAL-MART STORES INC	COM	931142103	1585	29399	SH	DEFINED
			0	0		DEFINED
WAL-MART STORES INC	COM	931142103	166	3075	SH	OTHER
			0	0		OTHER
WELLS FARGO & CO NEW	COM	949746101	1766	57002	SH	DEFINED
WELLS FARGO & CO NEW	COM	949746101	236	7623	SH	OTHER
			0	0		OTHER
NOBLE CORPORATION	FOR	H5833N103	894	24998	SH	DEFINED
NOBLE CORPORATION	FOR	H5833N103	89	2500	SH	OTHER
			0	0		OTHER