#### Edgar Filing: BARLETT JAMES E - Form 4

BARLETT J Form 4	AMES E									
September 12	2, 2011									
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549									3235-028	
Check thi if no long subject to Section 1 Form 4 o Form 5 obligation may cont <i>See</i> Instru 1(b).	6. Filed pur Section 17(	suant to S a) of the l	F CHAN Section 1 Public Ut	GES IN SECUR 6(a) of th	BENEF TTIES e Securit ding Con	<b>ICIA</b> ies E npany	xchange Act of	NERSHIP OF e Act of 1934, 1935 or Section 0	Expires: Estimated a burden hou response	
(Print or Type F	Responses)									
BARLETT JAMES E Symbol			r Name <b>and</b> Ticker or Trading ECH HOLDINGS INC				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First) (Middle) 3. Date of (Month/E) 9197 S. PEORIA ST. 09/08/2 (Street) 4. If Ame			3. Date of	f Earliest Transaction Day/Year)				_X_ Director 10% Owner _X_ Officer (give title Other (specify below) below) Vice Chairman		
			endment, Date Original nth/Day/Year)				<ul> <li>6. Individual or Joint/Group Filing(Check Applicable Line)</li> <li>_X_ Form filed by One Reporting Person</li> <li> Form filed by More than One Reporting</li> </ul>			
								Person		
(City)	(State)	(Zip)	Tabl	e I - Non-E	Derivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution any	n Date, if	3. Transactio Code (Instr. 8)	4. Securi on(A) or D (Instr. 3,	ispose 4 and (A)	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)		
Common Stock	09/08/2011			M <u>(1)</u>	2,100	А	\$ 7.84	338,385	D	
Common Stock	09/08/2011			S <u>(1)</u>	2,100	D	\$ 16.49	336,285	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number on f Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	rivative Expiration Date (Month/Day/Year) ired r osed of . 3, 4,		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right to Buy)	\$ 7.84	09/08/2011		М	2,100	(2)	10/15/2011	Common Stock	2,100

### **Reporting Owners**

Reporting Owner Name / Address	Relationships						
I B	Director	10% Owner	Officer	Other			
BARLETT JAMES E 9197 S. PEORIA ST. ENGLEWOOD, CO 80112	Х		Vice Chairman				
Cignoturoo							

### Signatures

/s/ William H. Brierly, as Attorney-in-Fact for James E. Barlett	09/12/2011	
**Signature of Reporting Person	Date	

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The transactions reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person on December 13, 2010.
- (2) The option vested in four equal annual installments on October 15, 2002, 2003, 2004 and 2005.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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