

CAHOUE T FRANK V
Form 4
October 02, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
CAHOUE T FRANK V

2. Issuer Name and Ticker or Trading Symbol
TELEDYNE TECHNOLOGIES INC
[TDY]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
1049 CAMINO DOS RIOS

3. Date of Earliest Transaction (Month/Day/Year)
10/01/2007

Director 10% Owner
 Officer (give title below) Other (specify below)

(Street)
THOUSAND OAKS, CA 91360

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
				(A) or (D)	Price		
				Code	V	Amount	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any	4. Transaction Code	5. Number of Derivative Securities	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Underlying Security (Instr. 3 and 4)
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	Price of Derivative Security	(Month/Day/Year)	(Instr. 8) Code	Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		Date Exercisable	Expiration Date	Title	A on N of S
				(A)	(D)				
Non-Employee Director Stock Option (right-to-buy)	\$ 19.55	10/01/2007	D	1,585		<u>(1)(2)</u>	01/03/2015	Common Stock	
Non-Employee Director Stock Option (right-to-buy)	\$ 29.33	10/01/2007	A	1,585		<u>(1)(2)</u>	01/03/2015	Common Stock	
Non-Employee Director Stock Option (right-to-buy)	\$ 17.99	10/01/2007	D		377	<u>(1)(2)</u>	01/25/2015	Common Stock	
Non-Employee Director Stock Option (right-to-buy)	\$ 26.99	10/01/2007	A	377		<u>(1)(2)</u>	01/25/2015	Common Stock	
Non-Employee Director Stock Option (right-to-buy)	\$ 20.33	10/01/2007	D		236	<u>(1)(2)</u>	02/22/2015	Common Stock	
Non-Employee Director Stock Option (right-to-buy)	\$ 30.5	10/01/2007	A	236		<u>(1)(2)</u>	02/22/2015	Common Stock	
Non-Employee Director Stock Option (right-to-buy)	\$ 21.16	10/01/2007	D		113	<u>(1)(2)</u>	03/17/2015	Common Stock	
Non-Employee Director Stock Option (right-to-buy)	\$ 31.74	10/01/2007	A	113		<u>(1)(2)</u>	03/17/2015	Common Stock	
Non-Employee Director Stock Option (right-to-buy)	\$ 18.26	10/01/2007	D		372	<u>(1)(2)</u>	04/26/2015	Common Stock	
Non-Employee Director Stock	\$ 27.4	10/01/2007	A	372		<u>(1)(2)</u>	04/26/2015	Common Stock	

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Option (right-to-buy)								
Non-Employee Director Stock Option (right-to-buy)	\$ 19.51	10/01/2007	D	123	<u>(1)(2)</u>	04/27/2015	Common Stock	
Non-Employee Director Stock Option (right-to-buy)	\$ 29.27	10/01/2007	A	123	<u>(1)(2)</u>	04/27/2015	Common Stock	
Non-Employee Director Stock Option (right-to-buy)	\$ 21.78	10/01/2007	D	110	<u>(1)(2)</u>	06/28/2015	Common Stock	
Non-Employee Director Stock Option (right-to-buy)	\$ 32.67	10/01/2007	A	110	<u>(1)(2)</u>	06/28/2015	Common Stock	
Non-Employee Director Stock Option (right-to-buy)	\$ 21.89	10/01/2007	D	1,096	<u>(1)(2)</u>	07/01/2015	Common Stock	
Non-Employee Director Stock Option (right-to-buy)	\$ 32.84	10/01/2007	A	1,096	<u>(1)(2)</u>	07/01/2015	Common Stock	
Non-Employee Director Stock Option (right-to-buy)	\$ 22.79	10/01/2007	D	855	<u>(1)(2)</u>	07/26/2015	Common Stock	
Non-Employee Director Stock Option (right-to-buy)	\$ 34.19	10/01/2007	A	855	<u>(1)(2)</u>	07/26/2015	Common Stock	
Non-Employee Director Stock Option (right-to-buy)	\$ 22.79	10/01/2007	D	394	<u>(1)(2)</u>	07/26/2015	Common Stock	
Non-Employee Director Stock Option (right-to-buy)	\$ 34.19	10/01/2007	A	394	<u>(1)(2)</u>	07/26/2015	Common Stock	
Non-Employee Director Stock Option	\$ 24.48	10/01/2007	D	122	<u>(1)(2)</u>	08/23/2015	Common Stock	

(right-to-buy)								
Non-Employee Director Stock Option	\$ 36.72	10/01/2007	A	122	<u>(1)(2)</u>	08/23/2015	Common Stock	
(right-to-buy)								
Non-Employee Director Stock Option	\$ 23.54	10/01/2007	D	254	<u>(1)(2)</u>	10/25/2015	Common Stock	
(right-to-buy)								
Non-Employee Director Stock Option	\$ 35.32	10/01/2007	A	254	<u>(1)(2)</u>	10/25/2015	Common Stock	
(right-to-buy)								
Non-Employee Director Stock Option	\$ 20.5	10/01/2007	D	438	<u>(1)(2)</u>	12/14/2015	Common Stock	
(right-to-buy)								
Non-Employee Director Stock Option	\$ 30.76	10/01/2007	A	438	<u>(1)(2)</u>	12/14/2015	Common Stock	
(right-to-buy)								

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
CAHOUEY FRANK V 1049 CAMINO DOS RIOS THOUSAND OAKS, CA 91360	X			

Signatures

Frank V. Cahouet by Melanie S. Cibik pursuant to Power of Attorney previously filed with SEC. 10/01/2007

__Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) On October 1, 2007, the reporting person and Teledyne Technologies Incorporated agreed to amend non-employee director stock options granted to the reporting person in 2005 in lieu of cash retainer fees and meeting fees to increase the per share exercise price of those stock options to an amount equal to the fair market value of a share of common stock of Teledyne Technologies Incorporated on the date of grant for each option. The exercise prices of the original option grants in 2005 were determined by a formula that was based on the fair market value of common stock of Teledyne Technologies Incorporated on the date of grant and then adjusted to account for a prepayment of the exercise price equal to the amount of retainer fees and/or meeting fees foregone. The purpose of the amendment is to avoid adverse tax consequences under Section 409A of the Internal Revenue Code. (Continued in footnote 2)

(2)

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The amendment of each stock option is reported in this Form 4 as a cancellation of the original option and the grant of a replacement option. In connection with the amendment, the reporting person will become entitled to receive, on January 2, 2008, a payment of \$63,550.00. All the stock options reported herein are fully vested.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.